

MEETING BREAK SUGGESTIONS

Health Break

Assorted Granola Bars
Fresh Fruit Kebobs
Selection of Chilled Fruit Juices
Fresh Brewed Colombian Coffee,
Decaffeinated Coffee & Tea

\$18.99 Per Person
(Minimum 10 People)

Energy Break

Assorted Ice Cream Bars
Chocolate Fudgicles & Ice Cream Sandwiches
Assorted Soft Drinks
Fresh Brewed Colombian Coffee,
Decaffeinated Coffee & Tea

\$18.99 Per Person
(Minimum 10 People)

Kick Start Break

Assorted Chocolate Bars
Bags of Chips & Pretzels
Assorted Soft Drinks
Selection of Fresh Squeezed Chilled Fruit Juices

\$18.99 Per Person
(Minimum 10 People)

Your Way Parfait

Fresh Greek Yogurt
Assorted Fresh Seasonal Berries
Fresh Golden Pineapple
Honey
Granola
Chilled Assorted Juices

\$19.99 Per Person
(Minimum 20 People)

Chocolate Lovers Break

Double Chocolate & Chocolate Chip Cookies
Chocolate Brownies
Chocolate Dipped Strawberries
Assorted Soft Drinks
Fresh Brewed Colombian Coffee,
Decaffeinated Coffee & Tea

\$21.99 Per Person
(Minimum 10 People)

A la Carte Sélection for Meeting Breaks

Coffee, Decaffeinated Coffee & Tea	\$3.50
Chilled Fruit Juices, 300ml	\$3.50
Assorted Canned Soft Drinks, 355 ml	\$3.50
Spring Water 500ml	\$3.50
Perrier Water, 330ml	\$4.99
Croissants	\$4.99
Fresh Baked Muffins	\$4.99
Danish Pastries with Assorted Fruit Toppings	\$4.99
Assorted Low Fat Yogurt	\$4.99
Seasonal Sliced Fresh Fruit (per person)	\$10.99
Assorted Gourmet Cookies (dozen)	\$24.99
Chocolate Chip, Double Chocolate Chip & Oatmeal Raisin	



BURLINGTON CONVENTION CENTRE

